Diaper changing is the perfect time for connecting and learning.

DIAPER TIME IS LEARNING TIME

FIVE THINGS TO DO THAT MAKE DIAPER CHANGING FUN!

TALK:
Say what you are doing. “I am lifting your feet up, up, up.”

SING:
Sing a simple song or make one up.

PLAY:
Hide the diaper or use it to play peek-a-boo.

COUNT:
Count toes, fingers, hands, and feet.

NAME:
Call out body parts and objects (i.e. diapers, wipes, etc.).